



Shopping List for Nutritional Protocol for 1-2 months' supply

Natural Grocers items

- Niacin 500mg (Optional—Increases blood flow to tissues and will speed detox process, but the “flushing” sensation it invariably causes, though safe, can be annoying to some people, your choice.) 1 bottle
<https://www.naturalgrocers.com/products/niacin-500mg-tr-250-tb>
- Niacinamide 500 mg <https://www.naturalgrocers.com/products/niacinamide-500-100-cap>
- Monolaurin 2-3 bottles <https://www.naturalgrocers.com/products/monolaurin-90-veg>
- Kelp tablets – 1 bottle <https://www.naturalgrocers.com/products/kelp-tablets-300-ct>

Contact our office at info@greathealth365.com to order the following Xymogen items:

- Resveratrol 1-2 bottles
- CurcuPlex CR 1-2 bottles (Use curcuplex 95 instead if sensitive to black pepper)
- K2-D3 10,000iu -1 bottle
- Ossopan MD 240 count

Vital Nutrients items

Use client code 0798 in order to purchase:

- NAC 600 mg 2-3 bottles <https://www.vitalnutrients.net/nac-n-acetyl-l-cysteine.html>
- Multi-Nutrients (vitalnutrients.com product has required formulation without iron or iodine) 1-2 bottles <https://www.vitalnutrients.net/multi-nutrients.html>
- Pancreatic Enzymes <https://www.vitalnutrients.net/pancreatic-enzymes.html>
3-6 bottles
- Ultra Pure Fish Oil 700 <https://www.vitalnutrients.net/ultra-pure-fish-oil-2963.html>

Mercola Items

- Liposomal Vitamin C <https://shop.mercola.com/product/1292/1/vitamin-c-180-per-bottle-90-day-supply>

Amazon or other source:

- Selenium Synergy (selenium cysteinate) 2-4 bottle
https://www.jarrow.com/product/411/Selenium_Synergy